

# Mask Guidance

March 10, 2023

Based on the February 10, 2023 “Review of the concept of wearing a mask” (decided by the Novel Coronavirus Infectious Disease Control Headquarters), the university will handle the mask-wearing as follows:

Applicable date: March 13, 2023

## (1) Scenes where wearing a mask is recommended (scenes where wearing a mask is considered effective in preventing infection)

- You have concerns about getting infected due to your underlying health conditions, etc.
- There is a lot of COVID in your community, and you are in a place where there are a lot of people around.
- Your department can require you to wear a mask due to the circumstances.

## (2) Points to note

- In principle, wearing a mask is left to the discretion of the individual, and putting it on or taking it off is not forced.
- When removing a mask, carry it with you at all times so you can quickly put it on when necessary.
- Continue daily health observations, and refrain from going out if you have symptoms, a positive test result for COVID, or if someone in your family has a positive test result.
- Thorough cough etiquette.
- Enforcement of basic infection control measures by avoiding the “Three Cs” (i.e., Closed spaces, Crowded places, Close-contact settings), maintaining distance between people, hand hygiene such as washing hands, and ventilation.

※ This guidance does not apply to affiliated hospitals and schools.

※ For education (including face-to-face classes) and research activities, guidance will apply from April 1, 2023.